

# The Beginner's Guide to Lyme Disease: Diagnosis and Treatment Made Simple

Nicola McFadzean N.D.



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The Beginner's Guide to Lyme Disease: Diagnosis and Treatment Made Simple Nicola McFadzean N.D. CNN has reported that the number of Lyme disease cases in the United States has doubled since 1991. Caused by spiral-shaped bacteria known as Borrelia burgdorferi, Lyme disease is transmitted to humans by the bite of an infected tick. The disease is also typically accompanied by many related problems, including co-infections by other kinds of microorganisms, hormonal dysfunction, immune system dysregulation, and other related issues. The Centers for Disease Control (CDC) now recognize Lyme disease as the fastest spreading vector-borne disease in the country, yet most practitioners of mainstream medicine are decades behind in recognizing and addressing this emerging health crisis. This comprehensive book is the first book of its kind to approach Lyme disease from the perspective of "beginners"-those doctors, patients and caregivers who are new to the topic of diagnosing and treating Lyme disease. Dr. Nicola McFadzean, a wellrespected and experienced Lyme doctor, has woven together a complete guide to the treatment and management of Lyme disease. This beginner's guide contains clearly written, easy-to-understand information, reflecting Dr. McFadzean's knowledge and experience in both traditional and alternative medical paradigms. If you or a loved one were just diagnosed with Lyme disease, or if you are a caregiver or family member to someone with Lyme disease, this book should be your first stop. It will give you the tools and resources to get started on the journey back to health.

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