

A Family Farm in Tuscany: Recipes and Stories from Fattoria Poggio Alloro

Sarah Fioroni



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A Family Farm in Tuscany: Recipes and Stories from Fattoria Poggio Alloro Sarah Fioroni Sarah Fioroni shares stories of family traditions and daily life as well as recipes in *A Family Farm in Tuscany: Recipes and Stories from Fattoria Poggio Alloro*. Fioroni provides a month-by-month glimpse of farm living as well as seasonal recipes that are simple yet so delicious, and easy to prepare in your kitchen.

Three generations of Fioronis continue to work the land using age-old practices and sustainable agriculture, growing a bounty of fruits, vegetables, cereal crops, olives, and grapes for their award-winning wines. They also keep bees, produce saffron, and raise chickens, Chianina cattle, and pigs, the basis of homemade prosciuttos and salamis.

The book is illustrated with hundreds of color photographs depicting the landscapes and crops, as well as the family at work and at the table. The farm is also a popular agriturismo destination, giving visitors an opportunity to stay overnight, participate in various farming activities, and revel in the tastes of freshly prepared food and artisanal farm products.

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