



# God Hunger: Breaking Addictions of Anorexia, Bulimia and Compulsive Eating

*Desiree Ayres*

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## **God Hunger: Breaking Addictions of Anorexia, Bulimia and Compulsive Eating** Desiree Ayres

Author and former Hollywood stuntwoman, Desiree Ayres offers a solution to the anxiety, depression, and physical challenges facing people who suffer with eating disorders. Drawing from her own testimony of being healed of anorexia, bulimia, and obesity, Ayres encourages readers to take responsibility for their emotional, spiritual, and physical health. She explains how negative self-image and lack of support are some of the key stumbling blocks to disorders that according to a recent survey affects nearly 70 million men and women worldwide. She also discusses the power of emotional health and its impact on the body. Ayres writes: "God wired us with emotions, but He did not intend for us to be ruled by them. Rather than turn to and fill up on God, they fill up on food. The answer is, of course, to run to God and fill up with his love and comfort." Written in an easy-to-read style, *God Hunger* provides readers with biblically based techniques for overcoming eating disorders, and lays out a strategic plan to help foster better health and wellness.

### **Endorsements:**

"Desiree Ayres manifests a unique, God-given manner of gracious womanliness joined to a remarkably dynamic quality of leadership. She is a gifted, winsome, and spiritually potent communicator." -Dr. Jack Hayford

"This book can have lasting impact in the lives of people who struggle with anorexia, bulimia, and compulsive eating." -Oral Roberts

"Find out how to be free from any addiction such as drugs, alcohol, eating disorders, or anything that keeps you in bondage. We highly recommend this book." -Drs. Fred and Betty Price

"God had done amazing things in Desiree's life. The Truth of the Word as shared in this book can, without doubt, bring about the same victory and freedom in your life as it has in hers." -Pastor Wendy Treat

### **About the Author:**

Desiree Ayres grew up in Hollywood where her family's profession was stunt work. Following in their footsteps, Desiree became one of Hollywood's top stuntwomen, working on such shows as *The Dukes of Hazzard*, *Remington Steele*, and *The Fall Guy*. But for ten years of her life she suffered with anorexia, bulimia, and compulsive overeating. Being completely delivered by the power of God, she now boldly declares the truth of God's Word. Desiree pastors with her husband, Mel Ayers, senior pastor and founder of In His Presence Church, Woodland Hills, California.

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#### **Cheryl Thornton:**

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#### **James Robinson:**

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#### **Cheryl Crockett:**

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