



Discovering the Leader in Your Workbook

Sara N. King, David Altman

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Discovering the Leader in You Workbook Sara N. King, David Altman **Discovering the Leader in You Workbook**

From the Center for Creative Leadership (CCL) comes a highly accessible workbook based on the concepts outlined in the revised and updated edition of *Discovering the Leader in You*. The workbook contains a variety of questions and exercises designed to help professionals reflect on, examine, explore, and discover concepts and issues related to their role as leaders. Most of the activities can be completed while working through the book, others require more time, and some involve other people. To gain the greatest benefit, it is suggested that all the activities be done as thoughtfully and as honestly as possible.

Once you have completed the exercises and tasks outlined in the workbook, you will be able to

- Clarify your purpose for leading, based on a clear leadership vision and a core set of values
- Articulate your leadership strengths and areas for development
- Understand who you are as a leader in the context of both your work and your personal life
- Determine when and why you feel unclear or stuck in your leadership journey

While you may want to tackle this workbook on your own, leaders often find that the leadership journey is more rewarding when they work with other people. You can review the workbook with a coach or mentor, or work with colleagues who are also using the workbook in order to discuss ideas and gain feedback.

If you are a leader (or an aspiring leader) who works in a highly complex and competitive environment and wants to tap into the qualities that characterize success, this is the resource for you.

The Center for Creative Leadership (CCL) is the world's largest institution devoted exclusively to leadership research and education. Since 1970, CCL has studied and trained hundreds of thousands of executives and worked with them to create practical models, tools, and publications for the development of effective leaders and leadership.

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