



Spirit Junkie: A Radical Road to Self-Love and Miracles

Gabrielle Bernstein

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How does a New York City publicist and party girl turn into a go to guide for the next generation? In her new book, *Spirit Junkie: A Radical Road to Self-Love and Miracles*, Gabrielle Bernstein shares the story of how she transformed her life, offering her spiritual journey as a guidebook for overcoming fear, changing perceptions, and creating a life you're psyched to wake up for. Bernstein has traded self-doubt and addiction for a new kind of high. In 2005 she became a student of A Course in Miracles and since then she has been guided to teach those spiritual principles to the next generation of seekers.

From the Hardcover edition.

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